
How can I prepare my child for Preschool?

Some parents have asked me the above question in one form or another. I have started a list which I hope will be helpful for you and help you take comfort in knowing that your child will be fine if he/she is starting to master the following skills.

—Mrs. Franzen

Your child should be able to:

[Toileting and Personal Hygiene]

- Use the Potty, wipe and flush.
- Pull up underwear and pants, (in that order!)
- Push up sleeves to wash hands.
- Wash and dry hands.
- Drink out of an open cup.
- Wipe mouth and fingers with a napkin (and/or wet wipe when really sticky).
- Blow and wipe their nose with a tissue.
- Cover their cough with their forearm.



[Physical]

- Walk up and down steps holding a railing.
- Remove their coat, hat, mittens, etc.
- Recognize and put on their coat, hat, mittens, etc.
- Open and close their book bag.

[Communication]

- Ask for more drink or snack (using words, not holding out a cup or pointing)
- Answer questions with “Yes” or “No” (rather than shaking or nodding head)
- Follow directions the first time they are asked.
- Follow through on a simple task ie: Put this on the shelf, please.

If your child is having difficulty with any of the above, please inform the teachers, so we can help your child practice.